

# The Cellular Basis of Disease

## Cell Injury 4B

***APPROVED***

### Intracellular Accumulations

Christine Hulette MD

we will briefly talk about intracellular accumulations and clinico-pathological implications.

# Objectives

Identify sub lethal cell injury caused by **lysosomal accumulation** of endogenous and exogenous material.

Explain the **etiology, pathologic and clinical manifestations** of lysosomal storage diseases.

Describe and understand the pathophysiology and clinical implications of intracellular accumulations including **Lipids, Proteins, Glycogen, Pigments**

Describe and understand **Pathologic Calcification** and differentiate between **dystrophic and metastatic calcification.**

# Intracellular accumulations

4 different intracellular accumulations

## Lipids

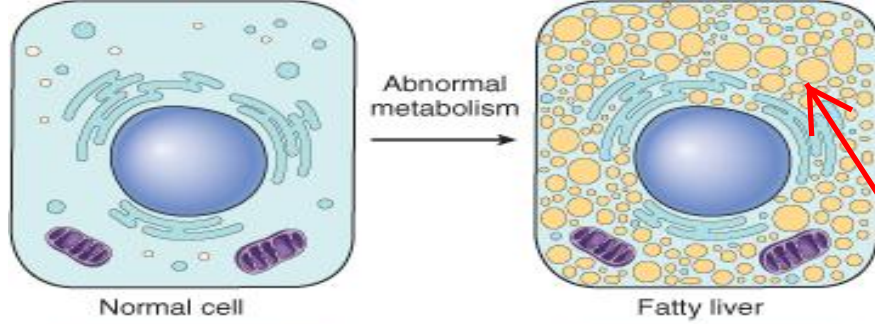
Steatosis

Cholesterol and Cholesterol Esters

## Proteins

## Glycogen

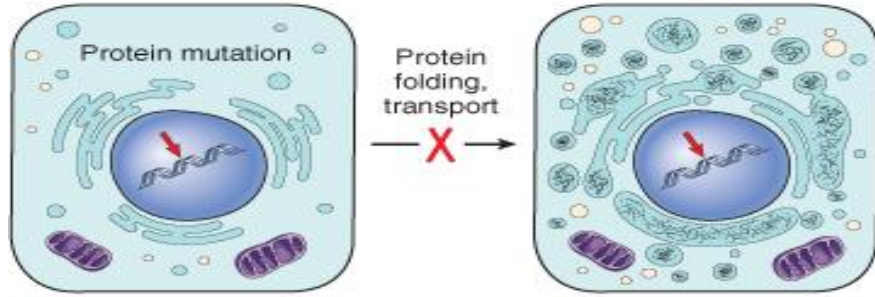
## Pigments



**Abnormal metabolism**  
**– Steatosis (Fatty change)**

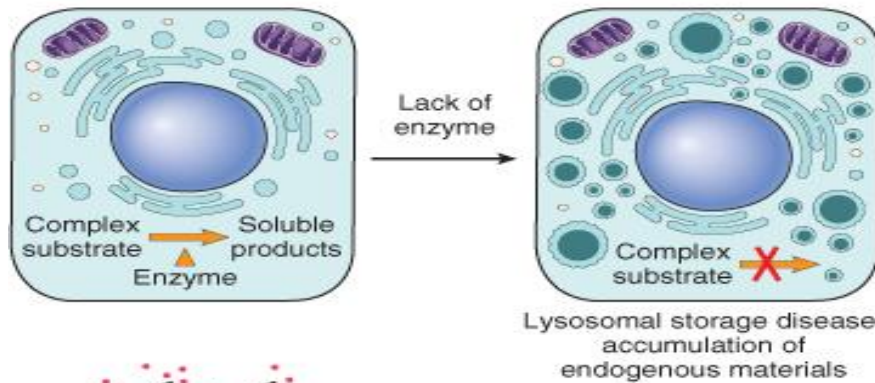
usually affect the liver, sometimes the heart

accumulation of lipid particles



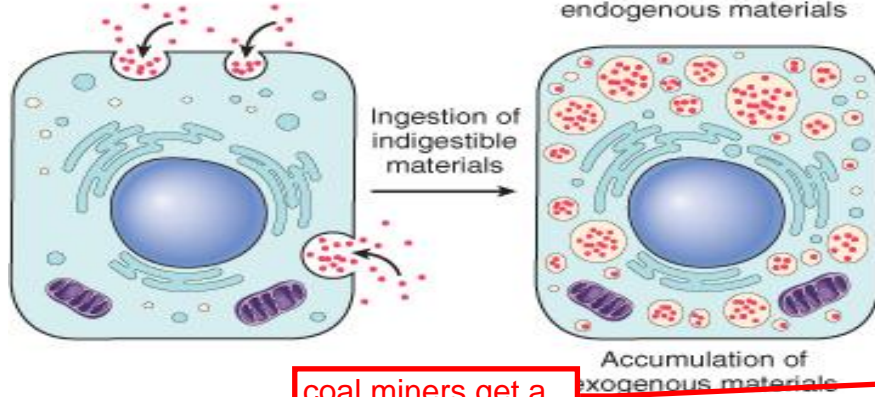
**Abnormal protein folding** – Alpha 1 antitrypsin deficiency

misfolded proteins accumulate in the ER



**Lack of enzyme** –  
**Lysosomal storage disease**

blockage in the digestion pathway, causing accumulation of product upstream of the blockage



**Indigestible material** –  
**Carbon or heme**

coal miners get a lot of this

# Causes of Steatosis (Fatty Liver )

2 major causes of steatosis

**Alcohol** is a hepatotoxin that leads to **increased synthesis and reduced breakdown of lipids.**

**Nonalcoholic fatty liver disease** is associated with **diabetes and obesity.**

this is becoming more common, though the mechanism remains unknown. It also leads to cirrhosis and liver failure

dry cleaning

**CCl<sub>4</sub>** and **protein malnutrition** cause **reduced synthesis of apoproteins.**

apoproteins are required for lipid metabolisms

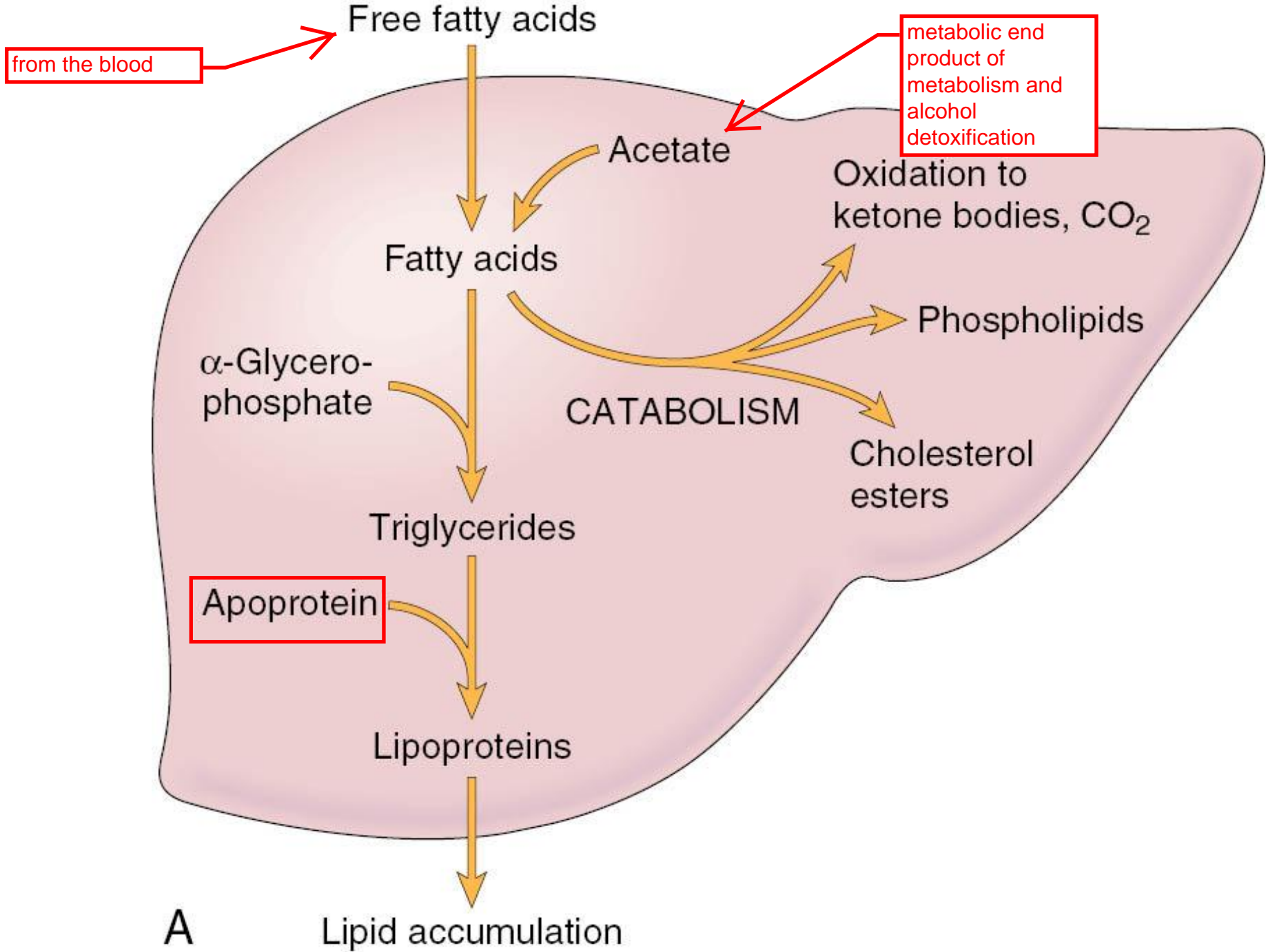
less common

**Hypoxia** inhibits **fatty acid oxidation.**

important in fatty deposition in myocardium too

**Starvation** increases **mobilization of fatty acids** from **peripheral stores.**

usually seen in patients with other underlying illness, such as cancer



A

Lipid accumulation

an example of fatty liver  
- smooth surface: important distinction from other liver diseases where livers develop irregular surfaces  
- cut surface is shiny: greasy and yellow



hepatocytes  
distended by the  
lipid vacuoles



architecture of the  
liver is normal,  
with normal  
hepatic triad



# Intracellular **Lipid** Accumulation

## Cholesterol and cholesterol esters

Atherosclerosis

common causes  
of many diseases

Xanthomas

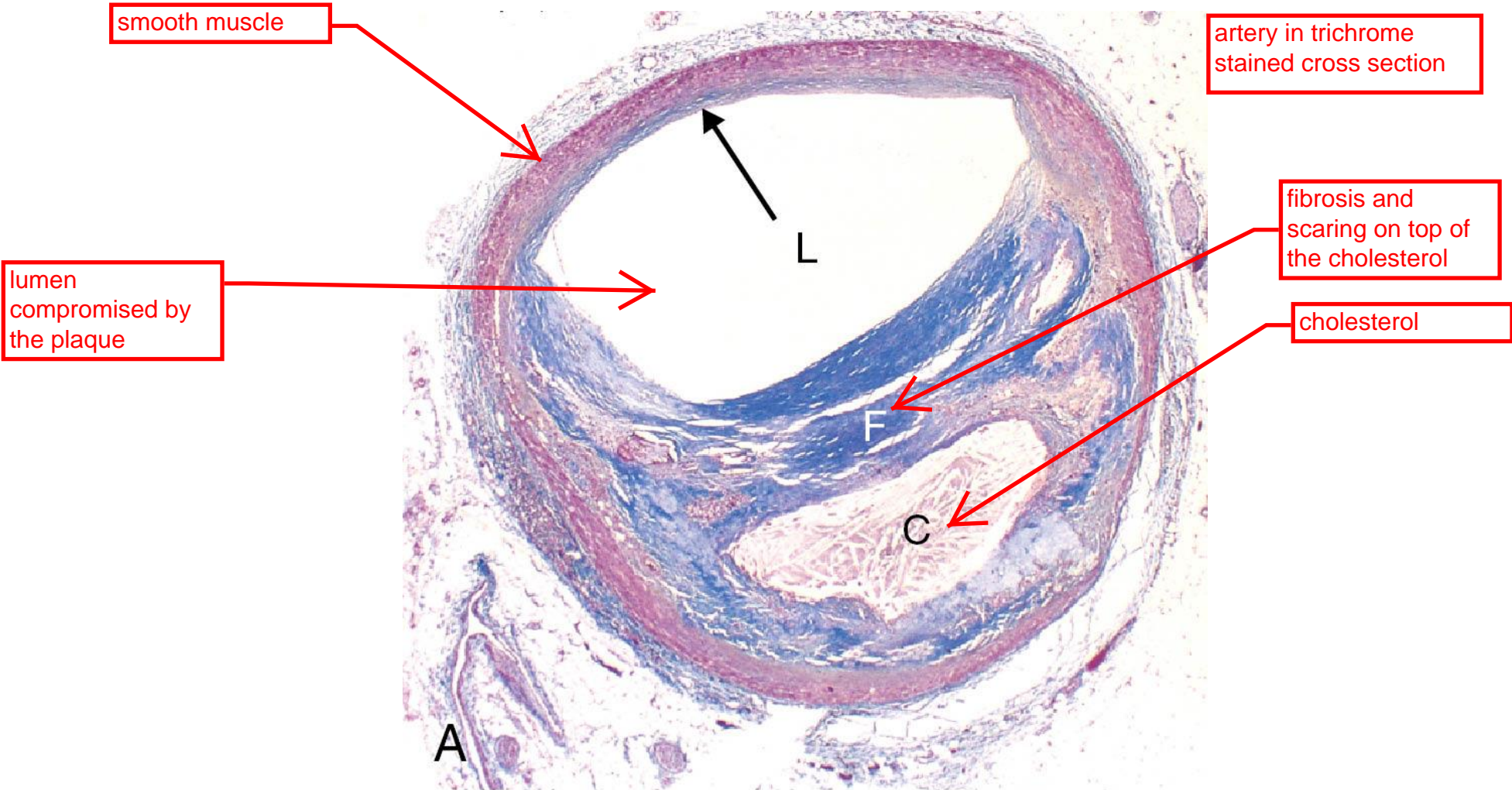
less common

lipid storage  
disease

Cholesterolosis

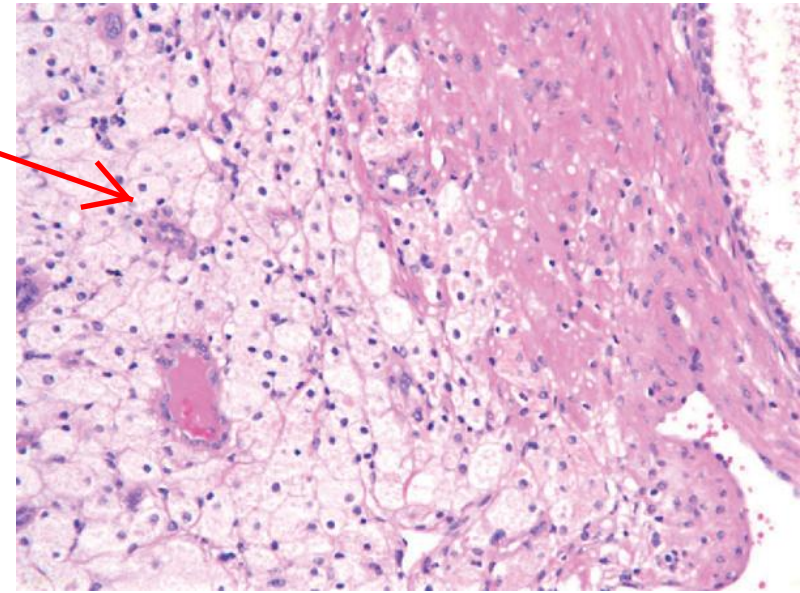
Niemann-Pick Disease Type C

# Atherosclerotic Plaque



lipid accumulation  
in the dermis

# Xanthoma



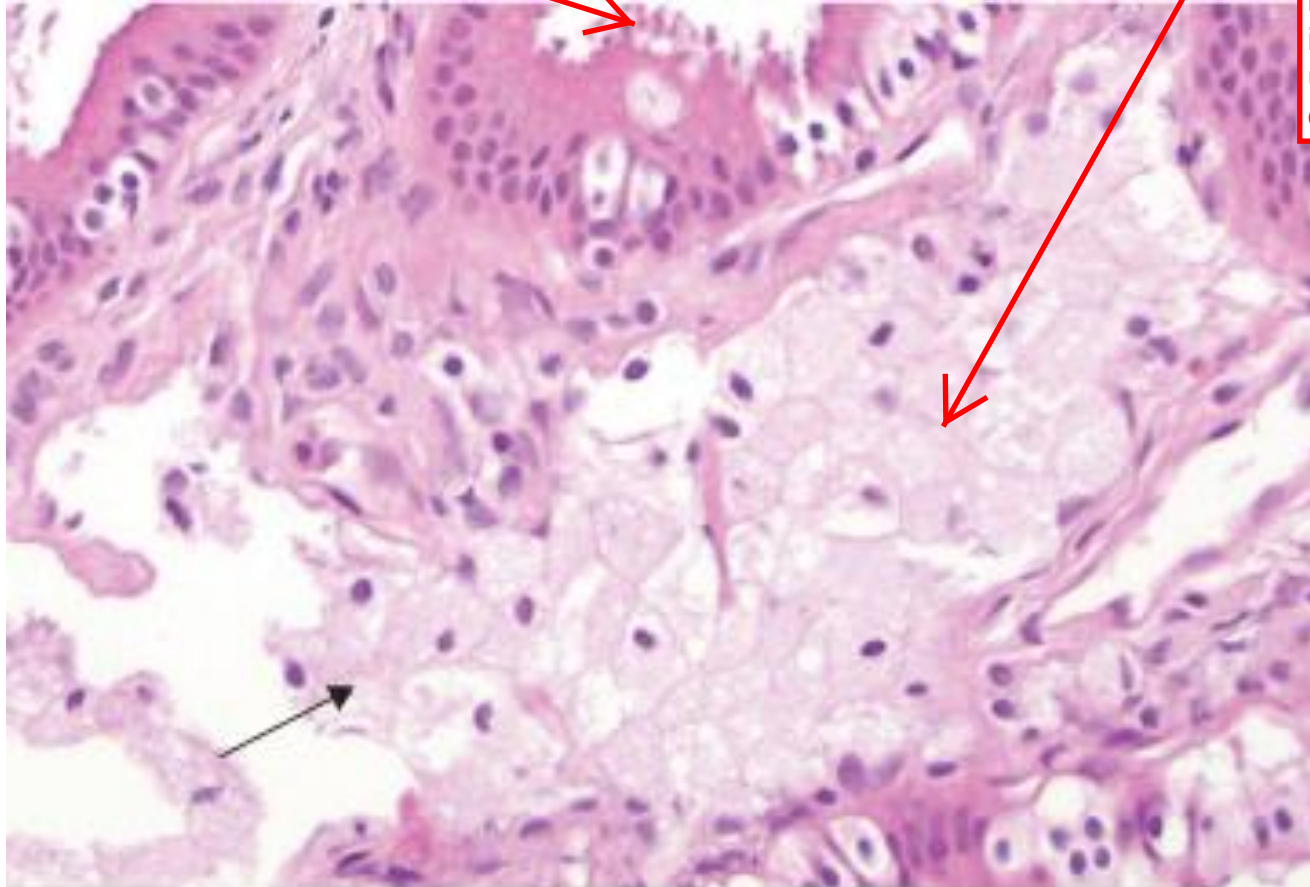
knobby  
appearance-->  
clue that the  
patient may have  
defect in lipid  
metabolism



ciliated epithelium

# Cholesterosis

accumulation of lipid in gall bladder submucosa  
--  
may be an indicator of other underlying diseases



# Intracellular Protein Accumulations

**Excessive amounts of normal proteins**  
(Multiple myeloma -Russell Bodies)

proliferation of plasma cells, causing accumulation of immunoglobulin

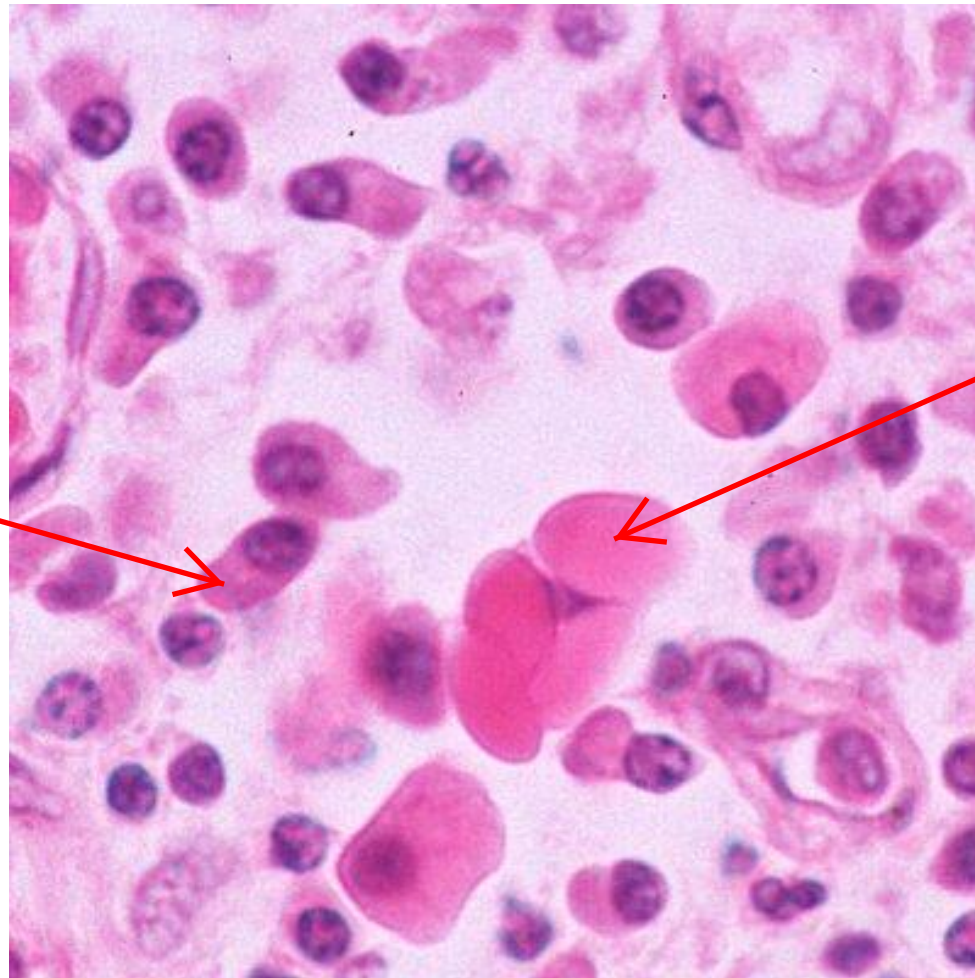
**Defective intracellular transport and secretion**  
(Cystic fibrosis)

accumulation of mucin

**Aggregation of abnormal proteins** (Alpha-1 Antitrypsin deficiency; Systemic Amyloidosis)

# Excessive normal proteins (Russell bodies)

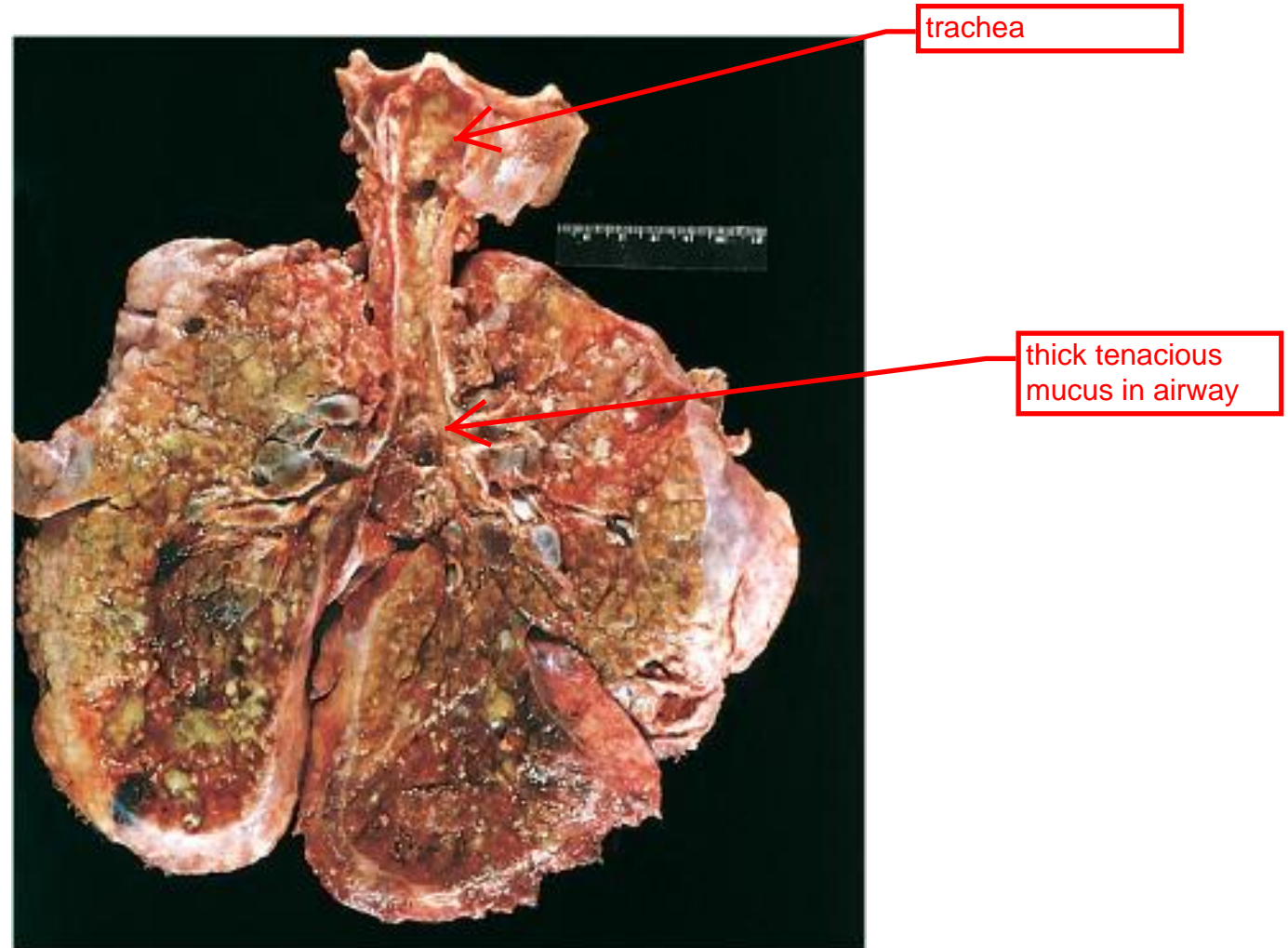
PathGuy



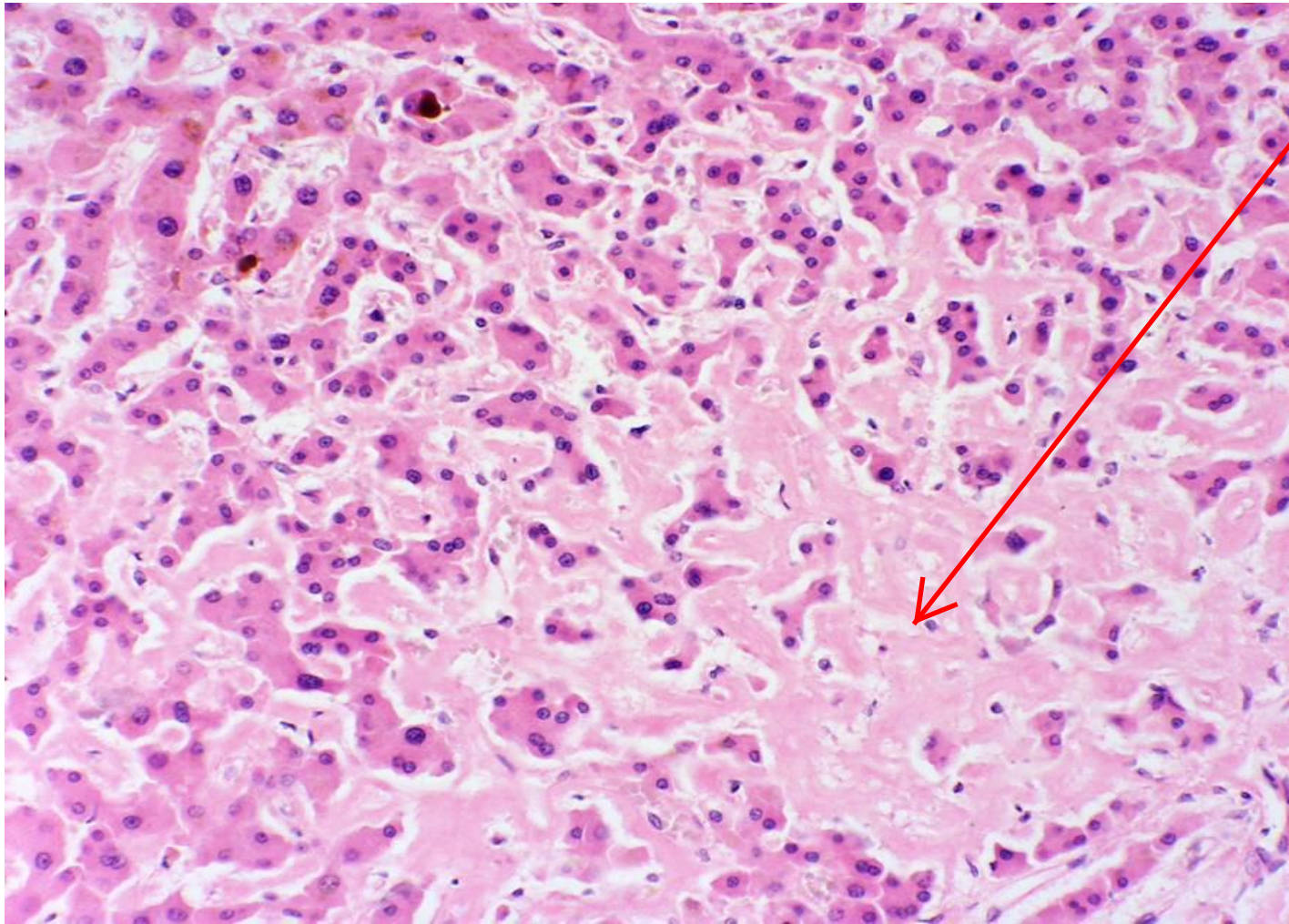
Russell body

normal plasma cell

# Defective intracellular transport and secretion (Cystic fibrosis)



# Aggregation of abnormal proteins (Amyloid in Liver)



accumulation of amyloid proteins outside of the cell, compressing the near by hepatocyte and impair their function



# Indigestible material Pigments

Exogenous Pigment – Carbon in lung =

**anthracosis**

common to miners and people in urban environment

## Endogenous Pigments

end product of erythrocyte degradation, can lead to impaired liver function

→ **Hemosiderin- multiple transfusions**

→ **Lipofuscin- aging pigment**

**Melanin- skin and neurotransmission**

**Bilirubin-hepatocytes**

ROS causes lipid peroxidation, and the body respond by forming those lipofuscin granules

# Exogenous pigment

## Anthracotic pigment in Lung

alveolar space

alveolar septum

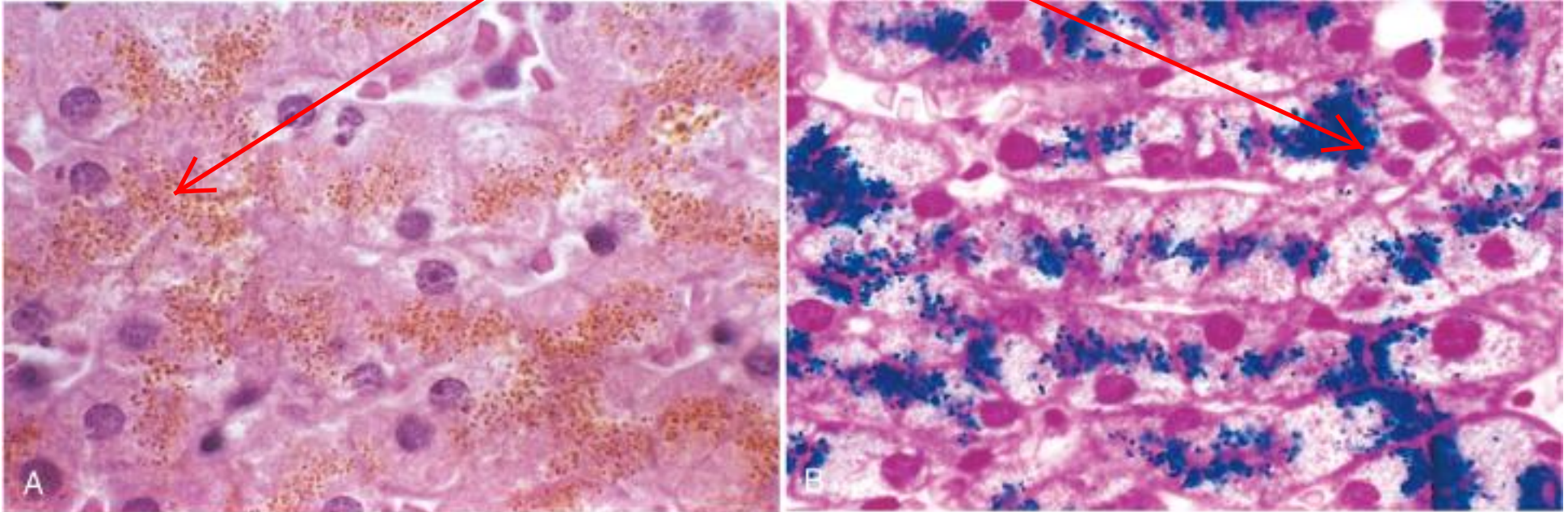


Coal dust particles and/or silica fragments injures the lung tissue and causes it to scar, carbon materials which may associated with coal dust (or car exhaust) are too heavy to be exhaled and are deposited within those scars

same tissue section, different stain

# Endogenous pigment

## Hemosiderin in Liver



H & E stain

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with time, these hemosiderin deposits will impair hepatic function and lead to cirrhosis

# Pathologic Calcification

**Dystrophic** Calcification – occurs in areas of **necrosis and atherosclerosis.**

implies there is damage of  
underlying organ

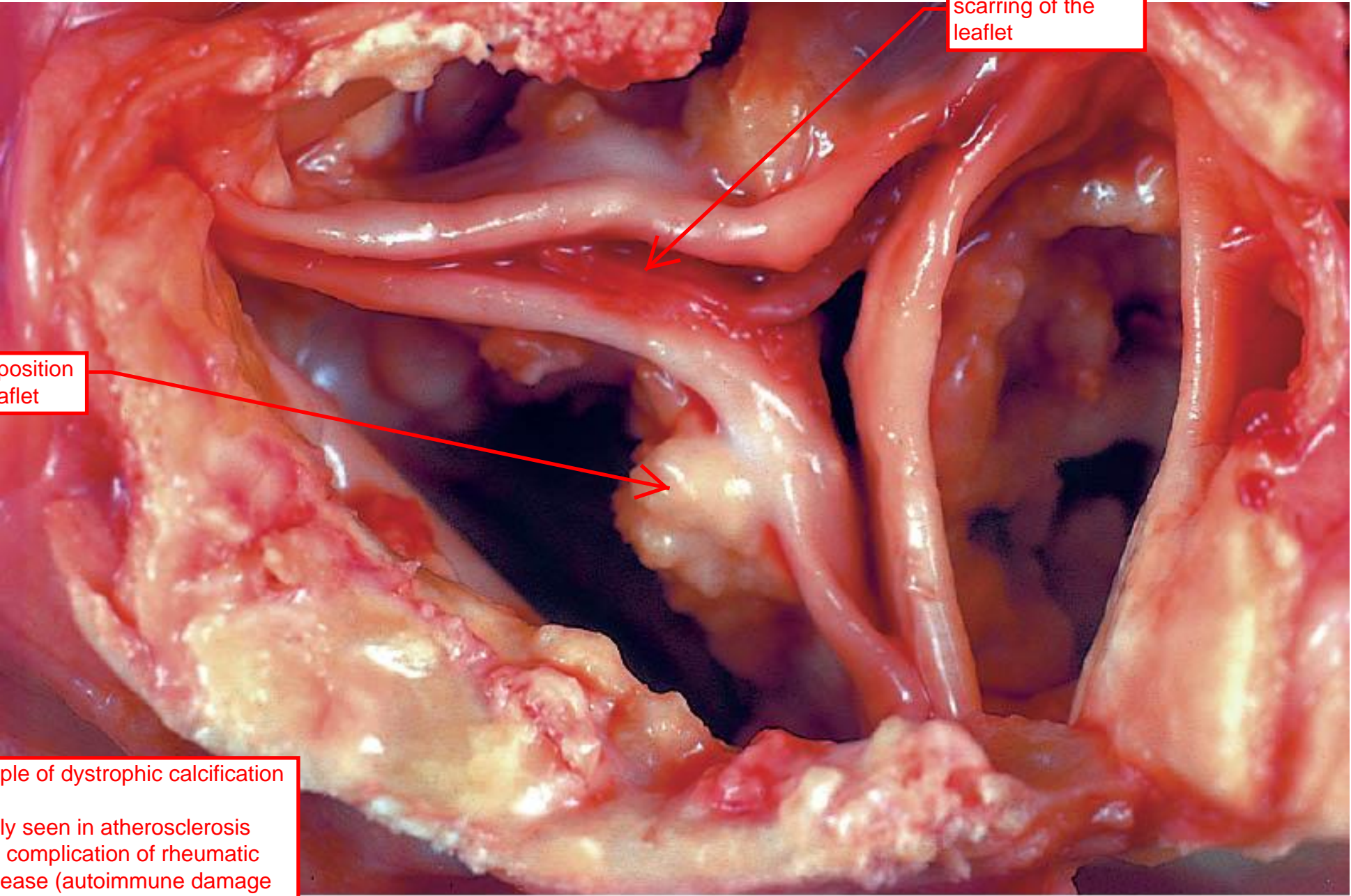
**Metastatic** Calcification – occurs in **normal tissues** when there is **hypercalcemia.**

implies increased levels of  
circulating calcium

scarring of the leaflet

calcium deposition on valve leaflet

an example of dystrophic calcification -- commonly seen in atherosclerosis and as a complication of rheumatic heart disease (autoimmune damage to the myocardium and necrosis)



# Metastatic Calcification

**Excess Parathyroid hormone**

**Destruction of bone**

**Vitamin D disorders**

**Renal failure**

increases circulating  $\text{Ca}^{2+}$  level and can lead to bone lysis.  
--  
can be caused by vitamin D disorder and renal failure


most common

inadequate control of parathyroid function

A 22 year-old woman has congenital anemia that has required **multiple transfusions** of RBCs for many years. Which of the following findings would most likely appear in a **liver** biopsy specimen?

- A. Steatosis in hepatocytes
- B. Bilirubin in canaliculi
- C. Glycogen in hepatocytes
- D. Amyloid in the liver
- E. Hemosiderin in hepatocytes**

possible: bilirubin is a metabolite of hemoglobin, but we often see this in hepatic failure



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# Summary

## Intracellular accumulations

**Lipids** often seen in atherosclerosis

**Proteins** associated with neoplastic or genetic disorder

**Glycogen** also often associated with genetic disorder

**Pigments**

**Pathologic Calcification** dystrophic or metastatic

# Conclusions

**Cell injury** may occur by a variety of mechanisms and sources - **endogenous (ischemia/inflammation)** or **exogenous (drugs/toxins)**

Cell injury can be **reversible or irreversible.**

**Reversible** cell injury can result in changes which **may recover** when the cause is removed, **or which may persist.**

**Irreversible (lethal)** cell injury may cause only **transient functional impairment** if the dead cells can be replaced.

Alternatively, lethal cell injury may lead to **permanent functional impairment** if the dead cells can not be replaced.

Cell death **(apoptosis)** is a **normal mechanism** to remove damaged cells which can be activated in pathologic conditions.

**Substances may be deposited within cells in response to cell injury.**

**All clinical disease  
arises from abnormal  
cell structure and  
function.**